

## Wedding Punch

1 can frozen concentrate orange juice  
2 cans frozen concentrate lemonade  
1 large can pineapple juice  
2 quarts lemon lime soda

## Frozen Daiquiris

Blend

1 6 ounce can thawed lime or lemonade  
12 1/2 ounce light rum  
3 cup cracked ice  
in blender for 30 seconds  
pour into 2 1/2 quart pitcher which is half filled with ice cubes  
8 - 12 servings. You may also freeze these in single servings.

## Strawberry Daiquiris

Blend

1 6 ounce can thawed lime or lemonade  
25 large fresh strawberries or frozen strawberries  
2 tablespoons sugar  
12 1/2 ounces light rum  
3 cups cracked ice  
in blender for 30 seconds  
Pour into 2 1/2 - 3 quart pitcher which is half filled with ice cubes  
makes 8 to 12 servings

## Kahlua

3/4 cup sugar  
1inch vanilla bean (cut in three pieces)  
1 1/2 cups water  
Boil sugar, vanilla and water. Simmer 20 minutes and strain.  
Cool. Boil 1/2 Cups water and 6 1/2 tablespoons instant coffee  
Cool. Combine all ingredients with 1 liter 100 proof cheap vodka  
or tequila. Pour into glass decanter and let age at least 2 weeks  
before drinking. The longer you let this age, the better it tastes!

## Berry Smoothie Recipe

2 ounces frozen blueberries

2 ounces frozen raspberries

2 ounces frozen strawberries

1 cup nonfat yogurt (any flavor)

2 tablespoons nonfat dry milk

1/2 cup nonfat milk

1/2 cup orange juice

Combine all ingredients in a blender and process until smooth.

You can add ice if desired.

Makes 2 Servings

Serving Size: 12 ounces