

Taco Beef Soup

1 1/2 pound ground beef

3/4 cup chopped onion

4 1/2 cups water

3 - 16 ounce cans stewed tomatoes, cut up (or diced tomatoes with seasoning)

3 - 16 ounce cans kidney beans

24 ounces tomato sauce

1 1/2 envelope (6 tablespoons) taco seasoning mix

Brown ground beef and onions; drain fat. Add water, undrained tomatoes, undrained kidney beans, tomato sauce and taco seasoning. Simmer, covered 15 minutes. Garnish with toppings as desired.

Toppings: diced avocado, shredded cheddar cheese, sour cream, corn chips, salsa, etc.